

The Redemption of Our Bodies

Romans 8:23-25

I. The redemption of our bodies is guaranteed by the indwelling of the Holy Spirit (v. 23).

- Who has the “first-fruits of the Holy Spirit?”
- What is the meaning of “first-fruits?”

II. The redemption of our bodies is preceded by a time of groaning (v. 23).

- What makes us groan as Christians?
- Is groaning complaining?

III. The redemption of our bodies is part of our inheritance in Christ (vv. 23, 24).

- When were we adopted as sons?
- What is the “hope” which we have in Christ?

IV. The redemption of our bodies is to be anticipated with patience (v. 25).

- What does waiting “with perseverance” look like?
- What does waiting “eagerly” look like?

How should we then live?