August 16, 2009 AM Sermon Notes

## The Groaning Christian

Romans 8:23-27

## How should we then live?

- 1. Christ's sufferers are to wait eagerly for their future glory by the grace of prayer.
  - We are supposed to pray ("pray continually" 1 Thess. 5:17).

- 2. Christ's sufferers have the help of the Holy Spirit in their life with a dying body.
  - The Holy Spirit disposes us to prayer.
  - Prayer is calling on God for help.

- 3. Christ's sufferers know that prayer is not easy. It is warfare.
  - It is a mind and body discipline.

- 4. Christ's sufferers want God to be glorified through their persevering prayers.
  - Prayer does change things (Matt. 7:7-8).